Psicothema 2019, Vol. 31, No. 1, 66-72 doi: 10.7334/psicothema2018.163 ISSN 0214 - 9915 CODEN PSOTEG Copyright © 2019 Psicothema www.psicothema.com

# Metacomprehension skills depend on the type of text: An analysis from Differential Item Functioning

José Antonio León<sup>1</sup>, José Ángel Martínez-Huertas<sup>1</sup>, Ricardo Olmos<sup>1</sup>, José David Moreno<sup>1</sup>, and Inmaculada Escudero<sup>2</sup> <sup>1</sup> Universidad Autónoma de Madrid and <sup>2</sup> UNED

# Abstract

Psicothema

Background: Metacomprehension skills determine an individual reader's ability to judge their degree of learning and text comprehension and have considerable importance in their ability to learn from reading. Given that many comprehension processes are influenced by text characteristics, the aim of the present study was to analyze whether different types of text have significant impact on metacomprehension skills at two different points in primary education. Method: A total of 823 students (4th and 6th years of primary school, 9 to 11 years old) read three different texts (narrative, expository and discontinuous texts) taken from ECOM-PLEC.Pri, a standardized Spanish test for reading comprehension (León, Escudero, & Olmos, 2012). Students were classified by their metacomprehension skills. A Differential Item Functioning (DIF) analysis was conducted in order to analyze whether the underlying reading comprehension and metacomprehension processes differed across text types. Results: Results showed a considerable divergence of performance for reading narrative texts as opposed to expository and discontinuous texts. These differences were related to academic level. Conclusion: Text characteristics such as the type of text can have a great impact on metacomprehension skills and, consequently, on learning.

*Keywords:* Metacomprehension, reading comprehension, narrative text, expository text, discontinuous text, DIF analysis.

# Resumen

Las habilidades metacomprensivas dependen del tipo de texto: un análisis desde el Funcionamiento Diferencial de los Ítems. Antecedentes: la metacomprensión supone la habilidad que uno mismo posee para juzgar su grado de aprendizaje y comprensión de un texto, adquiriendo una gran importancia en la comprensión lectora. Dado que los procesos de comprensión se encuentran influenciados por las características de los textos, el objetivo de este estudio fue analizar si diferentes tipos de texto afectan de manera significativa a la habilidad metacomprensiva de estudiantes de distintos niveles de Educación Primaria. Método: un total de 823 estudiantes de 4º y 6º de Primaria (9 y 11 años) leyeron tres textos diferentes (narrativo, expositivo y discontinuo) tomados de la prueba estandarizada de comprensión lectora ECOMPLEC.Pri (León, Escudero, y Olmos, 2012). Los estudiantes fueron clasificados por su nivel de metacomprensión obtenido en la prueba. Un Análisis Diferencial del Ítem (DIF) se aplicó para analizar si los procesos de comprensión lectora y de metacomprensión difieren entre tipos de texto y niveles académicos de los participantes. Resultados: los resultados mostraron una notable divergencia en el rendimiento metacognitivo del texto narrativo frente a los textos expositivo y discontinuo. Estas diferencias estaban relacionadas con el nivel académico. Conclusión: el tipo de texto puede tener un gran impacto en las habilidades de metacomprensión y, consecuentemente, en el aprendizaje de textos.

*Palabras clave:* metacomprensión, comprensión lectora, texto narrativo, texto expositivo, texto discontinuo, análisis DIF.

There is a growing consensus that metacognition and metacomprehension are two of the main mechanisms through which adaptive behaviors are achieved (Carnevale & Fujita, 2016; Nigg, 2017). In general, metacognition refers to thoughts about one's own cognition, and comprises the processes and intrinsic abilities, natural and automatic tendencies aimed at adjusting a person's mental state to the current task context in order to achieve long-term goals. When metacognition refers to an individual's ability to judge his or her own learning and/or comprehension while reading a text, it is referred to as metacomprehension.

Received: May 30, 2018 • Accepted: November 13, 2018 Corresponding author: José Antonio León Facultad de Psicología Universidad Autónoma de Madrid 28049 Madrid (Spain) e-mail: joseantonio.leon@uam.es Metacomprehension has been extensively researched in children and adults in order to examine the accuracy of people's judgements of their comprehension because of its importance in learning and comprehension. Metacomprehension can be important in monitoring and optimizing learning (Dunlosky & Lipko, 2007; Dunlosky & Metcalfe, 2008), in determining cognitive abilities in children (Diamond, 2012), in improving academic skills (Duckworth & Seligman, 2005), and in intervention programs to improve reading comprehension using metacomprehension strategies (Madariaga & Martínez, 2010). Although the effects of different variables on metacomprehension have been widely studied, there is relatively little research relating it to different types of texts.

Several studies have examined how the characteristics of a text influence students' comprehension, but most have focused on general text discourse processing (e.g., Kintsch, 1998), in complete expository texts (e.g., Adesope, Trevisan, & Sundararajan, 2017;

León, Martínez-Huertas, & Jastrzebska, 2018; Martínez-Huertas et al., 2018), in single-paragraph expository texts (e.g., Maki & Berry, 1982; Wiley, Griffin, & Thiede, 2005), or in mixed sets of texts (e.g., León, Olmos, Escudero, Cañas, & Salmerón, 2006; Maki, Shields, Wheeler, & Zacchilli, 2005). These studies focused on discourse processing across different types of text looking at different levels of representation, but the most important split is between shallow and deep mental representations. Shallow representation are explicit ideas in a text and they can include lists of concepts, a handful of simple facts or properties of each concept, or simple definitions of key terms. These representations are called text-base levels (Kinstch, 1988). The text-base is an interconnected network of the explicit propositions contained in the text. These may correspond to exact phrases but also consist of abstract representations and paraphrases as well as a number of inferences necessary to establish coherence at the local level. It preserves the meaning of the source text but not necessarily in the original words or syntax. The text-base level is useful in many comprehension tasks that require reference to explicit information in a text such as searching for or identifying specific details or connecting information across different sections of the text. At the deepest level, there is the situational-model of what the text is about. The situational-model is more complex as it requires the reader to integrate propositions in the text with his or her own background knowledge and to generate elaborate inferences (Kinstch, 1988). Thus, evaluation of this level of comprehension is fundamental because the reader must supply a great deal of implicit information in order to achieve a good understanding of the text. This is achieved through making inferences, deductions, abstractions, associating ideas, predicting, and so on-all of which can influence processes beyond comprehension, such as interpreting or judging.

There are also differences in reading processes related to type of texts. Narrative texts, for example, typically convey information about familiar events and situations in a predictable manner, usually reflect problems of daily life and actions taken with reasons for them and are heavily influenced by temporary relations that regulate the attainment of different facts or actions (León et al., 2006). In contrast, expository texts frequently feature the conceptualization of ideas, explicitly specified rhetorical organization, context bound terminology, and technical uses of terms (León et al., 2006). Finally, discontinuous texts are organized differently than narratives and expository texts, and require a different kind of reading approach. Discontinuous texts include pictures, diagrams, graphs, tables, maps, catalogues, budgets, indexes and forms. Wiley et al. (2005) summarized some differences among narrative, expository texts and discontinuous texts. Expository and discontinuous texts generally are: (1) more difficult to read than narratives; (2) more technical and less familiar in content, which result in processing in a more item-specific manner; (3) less coherent than narratives; and (4) they assume more background knowledge that requires more effort to generate inferences. Since the structure of expository texts has a great impact on metacomprehension, most of the research in metacomprehension has been based on reading expository texts, thus more research is needed to analyze metacomprehension across different types of texts, such as narrative and discontinuous texts, because of the educational implications. Different metacomprehension patterns would be expected when different types of texts (with their own structural idiosyncrasies) are processed.

León, Escudero & Olmos (2012) proposed a standardized reading comprehension task (ECOMPLEC) inspired by international assessments such as the PISA (OECD, 2010), and they conceptualized reading as an activity to find relevant information among various sources of noise of the environmental context (Olmos et al., 2016). The authors based their reading comprehension task (using narrative, expository and discontinuous texts) on the situational-model and textbase representations (Kintsch, 1988; 1998). In general, reading comprehension can be defined as the generation of an appropriate situational-model related to the information contained in the processed texts. The interaction between both explicit and implicit knowledge (combined with mental or psychological processes, such as inference making) generates the basis of the reading comprehension process. Under this assumption, reading comprehension is strictly related to both text characteristics and individual differences in terms of knowledge and other relevant variables (such as working memory capacity, semantic context, and metacomprehension skills). Then, although the interaction of psychological processes involved in reading comprehension will depend on characteristics of the individual texts, general patterns should be observable in different text types due to their structures and contents and also the readers' metacomprehension skills.

In this way, researchers have proposed specific models to discriminate among various hypothetical processes involved in reading comprehension, and some useful insights have been reached (e.g., Graesser, Singer, & Trabasso, 1994; Cook & O'Brien, 2014). Then, when different psychological processes are related to the processing of different types of texts, it is plausible to consider that metacomprehension skills can be influenced by text characteristics. From this point of view, metacomprehension could be divided into higher or lower skills (León et al., 2012). Higher metacomprehension skills (Higher MC) refer to narrow adjustments readers make based on their own judgments of comprehension and their performance (easier task judgment and better performance in comprehension, or more difficult task judgment and worse performance in comprehension). Lower metacomprehension skills (Lower MC) refer to less adjustments readers make based on their own judgments of comprehension and their performance (easier task perception judgment and worse performance, or more difficult task judgment and good performance). Being a late-developing skill, metacomprehension reflects different maturation processes during individual development, and an appreciable improvement of metacomprehension skills is found in 10-12 year-old students, as some reading processes gradually become more automatic (Kolić-Vehovec & Bajšanski, 2006). Some authors have argued that developmental effects in reading skills do not necessarily imply an improvement of metacomprehension skills (i.e., Walczyk, 1990), and that the misguided emphasis on metacognitive judgments can be related to an overestimation of changes in reading strategies (i.e., Kolić-Vehovec & Bajšanski, 2006). Then, given that there are some varieties of types of texts used in assessing educational goals, some divergence would be expected when evaluating the effects of text types on metacomprehension skills and reading comprehension levels.

A first objective of the present study was to analyze whether different types of text (narrative, expository and discontinuous) have a differential impact on metacomprehension skills. A second objective was to analyze whether this impact on metacomprehension skills is equivalent in two different levels of primary schools; i.e., 4<sup>th</sup> and 6<sup>th</sup> grades (from 9 to 11 years old). A third objective was to analyze whether metacomprehension is stable across the texts in two groups divided by their metacomprehension skills (Higher and Lower metacomprehension). A final objective was to analyze whether metacomprehension skills are more related to text-base or situational-model mental representations of the text.

ECOMPLEC.Pri (León et al., 2012) was applied to ensure reliability and validity levels across the tasks because of it controls for text complexity. Different methodological approaches to the study of metacomprehension have been conducted over recent decades, but in the present study a novel and accurate methodological perspective was developed in order to test the differences in the students' metacomprehension skills. No differences are to be expected when the abilities of Higher MC and Lower MC groups are compared. Thus, students were classified by their metacomprehension skills, and a Differential Item Functioning (DIF) analysis approach was conducted in order to determine whether the underlying processes involved in reading comprehension and metacomprehension are different from one type of text to each other.

## Method

# Participants

A sample of 823 Primary School students (447 females, age range from 9 to 11 years) completed the ECOMPLEC.Pri test. The sample was compound of 275 9-year-old students (166 females) and 548 11-year-old students (281 females). Students were recruited from 11 public and private schools in Madrid, and all of them were native Spanish speakers who gave their consent plus parental consent before participating in the test.

#### Instruments

ECOMPLEC.Pri assesses comprehension of narrative, expository and discontinuous texts using multiple-choice tasks. ECOMPLEC.Pri has 22 comprehension questions for the narrative text ("*The all-knowing little man*"), 21 comprehension questions for the expository text ("*The red blood cells*") and 24 comprehension questions for the discontinuous text ("*The toy museum*"). In addition, each text had two metacomprehension questions that measured the perceived text difficulty based on the individual self-perceived ability. These items were related to both, text difficulty (i.e., *The text difficulty was…a. Hard for your ability, b. Appropriate for your ability, c. Easy for your ability*), and the questions difficulty (i.e., *The text questions were… a. Hard to understand, b. Medium because the answer is not clear, c. Easy to answer*).

## Procedure

Students answered the ECOMPLEC.Pri test. The instructional text order was always the same: they read narrative, expository and discontinuous texts. No application time was established to answer ECOMPEC.Pri tasks (although one hour was always sufficient). Texts were available to students whenever they wanted to re-read them in order to answer the questions.

#### 68

#### Data analysis

Metacomprehension accuracy was computed for each individual by correlating judgments of comprehension (metacomprehension questions) and test performance (comprehension questions) across the texts. The scores obtained in ECOMPLEC.Pri were distributed in two groups depending on their metacomprehension skills (Higher MC and Lower MC). Students' classification was established using an arbitrary criterion (an area of .30 around the perfect adjustment between metacomprehension skills and reading comprehension performance). This criterion was used to split the sample into those students that had a good adjustment between their performance and their predicted performance in the reading task (Higher MC) and those that did not (Lower MC). This classification was established on the basis of classical studies that operationalized metacomprehension accuracy as the correlation between predicted performance and actual performance (Nelson & Dunlosky, 1991).

The data analysis was conducted as followed. First, general metacomprehension was calculated to validate the classification criterion applied in this study. Second, different descriptive analyses, tests for the difference between mean text performances and Confirmatory Factor Analysis (CFA) were performed to validate current ECOMPLEC.Pri assessments. Third, different analyses were made to compare the relative performance of Higher MC and Lower MC groups in narrative, expository and discontinuous texts. Fourth, Differential Item Functioning (DIF) analyses were performed using generalized logistic regression method (Magis, Raiche, Beland, & Gerard, 2010), a method that detects both uniform and nonuniform DIF using a Likelihood Ratio Test between groups. Fifth, Higher MC and Lower MC groups were compared in each text for both text-base and situational-model questions. Sixth, age and sex effects in the performance were tested. All the statistical analyses were performed with R. Specifically, descriptive analyses were performed with basic R's functions, CFA was conducted with R's lavaan package (Rosseel, 2011), and DIF analyses were performed using the *difR* package (Magis, Beland, & Raiche, 2013).

#### Results

#### General metacomprehension

In order to validate the classification criterion applied in this study, an analysis of general metacomprehension skills was conducted. General metacomprehension skills were calculated by relating a total score for each participant (i.e., the mean of narrative, expository and discontinuous text scores) with his or her answer to the metacomprehension questions (i.e., the mean answer for those questions). The polychoric correlation coefficient between both measures showed low metacomprehension (r=.21,p < .01). Mean proportion of correctly answered items was .71 (sd=.16). Using the classification criterion described above, the sample was subdivided by adjustment between their performance and their predicted performance in the task (i.e., whether they were judged to be Higher MC or Lower MC). This classification was satisfactory because the Higher MC group obtained a high polychoric correlation coefficient (r=.77, p<.01) while the Lower MC group obtained a low one (r=-.24, p<.01). On the contrary, the Higher MC group performance (.68, sd=.19), was similar to Lower MC group (.73, sd=.13).

#### Text descriptive analyses and factorial structure

To ensure that the analyzed texts were comparable in terms of their difficulty, total sample descriptive analyses and factorial structure for each text were calculated. Mean proportion of correctly answered items showed, approximately, the same difficulty levels for each text (see Table 1). Thus, they differed only in their contents and structural characteristics. Due to data non-normality, a DWLS estimator was used in the CFA analyses to test the unidimensional factorial structure for its non-probability density assumption. A good fit was observed for the narrative ( $\chi^2(209) = 378.10$ , p < .01, CF I= .96, TLI = .95, RMSEA = .03 [.03-.04]), the expository ( $\chi^2(189) = 306.40$ , p < .01, CFI = .96, TLI = .96, RMSEA = .03 [.02-.03]) and the discontinuous texts ( $\chi^2(252) = 210.80$ , p < .01, CFI = 1.00, TL I= 1.00, RMSEA = .00 [.00-.00]).

#### Metacomprehension measures and students' classification

In order to analyze the relationship between metacomprehension skills and comprehension performance, the total sample was divided into two groups (Higher MC and Lower groups). As it can be seen in *Table 1*, the total sample obtained low-to-medium metacomprehension skills in all the texts. Their answers to metacomprehension questions were not highly-related to comprehension performance (i.e., low-medium polychoric correlation coefficients were observed) within narrativeexpository (r=.21, p<.05), narrative-discontinuous (r=.16, p < .05), and expository-discontinuous (r = .21, p < .05) texts. The total sample did not show a good level of metacomprehension in the texts.

Then, students were classified by metacomprehension skills in each text using the criterion described above. As expected, the Higher MC group obtained high polychoric correlation coefficients for narrative, expository and discontinuous texts, while the Lower MC group obtained low polychoric correlation coefficients for narrative, expository and discontinuous texts. On the contrary, the mean performance of Higher MC and Lower MC groups presented some divergences. The higher MC group showed a higher level of performance than the Lower MC group in expository (t = -6.04, df = 818.95, p < .01) and discontinuous (t = -10.7, df = 708.21, p < .01) texts. On the contrary, the Higher MC group showed lower performance than the Lower MC group in narrative text (t = 19.5, df = 664.44, p < .01; see Table 1).

Results showed different patterns in the performance in reading tasks (i.e., proportion of correct answers) when metacomprehension skills were compared (specially comparing narrative with both expository and discontinuous texts). An important question in this study is to ask whether the students are stable in their level of metacomprehension in relation to performance across the texts. In other words, if students who score high or low in metacomprehension skills (Higher MC or Lower MC) in one text, also obtain the same score in the other texts. The answer that emerges from these data is that the stability of metacomprehension skills is only partial. Only 177 students (27.4 %) were classified in the same group (Higher MC or Lower MC) across all three types of text. When outcome data were paired by the different texts, results showed that 45.0% of the students in narrative-expository, 43.3% in narrative-discontinuous, and 55.8% in expository-discontinuous of the students were classified in the same category. These results suggest a strong dependence of type of text in metacomprehension skills, that is, metacomprehension skills are influenced by the type of text. Another plausible conclusion is that metacomprehension abilities would be unstable because they are yet immature in children and therefore they are not constant across types of text. Both conclusions could be interrelated.

# Differential Item Functioning (DIF) analysis

Given that no differences were expected between Higher MC and Lower MC groups when their reading comprehension abilities were equated, a DIF analysis was conducted to analyze the hypothetical differences between the behaviors of students who are reading the texts. The generalized logistic regression method (Magis et al., 2010) detects both uniform and non-uniform DIF without requiring Item Response Theory models. Specifically, the DIF test was conducted using a Likelihood Ratio Test, and item purification and multiple comparisons were made with a Bonferroni correction. In the narrative text, 10 items presented uniform DIF. In the narrative text, only two items presented non-uniform DIF, and in the expository text no DIF was detected in discontinuous text. See Table 2 to see Chi-square (df=1) results for generalized logistic regression method to detect DIF in narrative, expository and discontinuous texts.

A final objective was to analyze whether metacomprehension skills are more closely related to text-base or situational-model mental representations of the text. The mean proportion of correct answers can be observed in Table 3 for the different questions of ECOMPLEC.Pri (i.e., those related to text-base and those related to the situational-model of the text). Different *t*-tests showed that the differences in metacomprehension skills between Higher MC and Lower MC groups were statistically significant because of the great number of participants of the present study. As it

	Narrative text				Expository text			Discontinuous text				
	MC	Ν	Mean	SD	MC	Ν	Mean	SD	MC	Ν	Mean	SD
Total sample	.00	823	.74	.18	.18*	823	.63	.18	.32*	823	.74	.20
Lower MC	02	579	.80	.17	26*	420	.59	.19	06	378	.67	.21
Higher MC	.83**	244	.60	.11	.88**	403	.66	.17	.97**	445	.81	.16

Note: MC = Metacomprehension. Lower MC = Lower metacomprehension skills group. Higher MC = Higher metacomprehension skills group. N = Number of subjects. SD = Standard deviation. \*\* = p<.01. \* = p<.05

can be observed, expository and discontinuous texts showed an expected result: text-base questions were easier than situationalmodel ones, and Higher MC group obtained a higher performance in the comprehension task than the Lower MC group. On the contrary, the narrative text did not show differences between text-base and situational-model questions, and the Lower MC group obtained a higher performance in the comprehension task than the Higher MC group. There are differences among the type of text. Narrative resulted less complex to understand than expository and discontinuous texts in text-based as well as in situational model.

Chi-square $(df=1)$ results for generalized logistic regression method						
Text	Item	DIF	$\chi^2$	N.R <sup>2</sup>		
Narrative	3	Uniform	23.0**	.024		
Narrative	8	Uniform	18.6**	.024		
Narrative	11	Uniform	22.3**	.028		
Narrative	13	Uniform	15.0**	.018		
Narrative	14	Uniform	26.2**	.035		
Narrative	15	Uniform	37.2**	.048		
Narrative	19	Uniform	21.1**	.023		
Narrative	20	Uniform	15.3**	.017		
Narrative	21	Uniform	16.4**	.030		
Narrative	22	Uniform	13.4**	.027		
Expository	9	Non-uni	19.4**	.027		
Expository	21	Non-uni	12.7*	.018		

DIF was detected in the discontinuous text

## Analyzing items with and without DIF

In order to determine whether differences between the proportions of correct answers for items with and without DIF in each type of text were related to age or sex, different total scores for each combination were calculated and different multiple linear regressions were conducted (see Table 4). For narrative items with and without DIF, statistically significant effects were found only for age, but not for sex. No interaction effect was found. Similar results were found for expository items with DIF and without DIF, and for discontinuous items without DIF.

These results suggest that age and academic level are determinant regarding the degree of metacomprehension abilities. Children who were 11 years old obtained a higher level of metacomprehension skills than the younger children. Metacomprehension skills probably show a range of developments across children aged 9 to 11 years, and at lower levels of maturity, the metacomprehension skills are not as constant across types of text as they are for older children.

#### Discussion

Metacomprehension skills determine an individual reader's ability to judge his or her degree of learning and text comprehension. Metacomprehension judgments usually are determined by asking children or adults to make a global assessment of their text comprehension, such as a general evaluation of their overall comprehension about a specific text. This measurement is limited because it is subjective and concerns a specific text-reader interaction. These are some reasons to anticipate the low correlations observed in some previous studies

Text	Mental	Low	er MC	Higher MC		
	representation	Items with DIF	Items without DIF	Items with DIF	Items without DIF	
Narrative	TB	.82 (N=2)	.81 (N=9)	.50 (N=2)	.64 (N=9)	
	SM	.83 (N=8)	.72 (N=3)	.60 (N=8)	.56 (N=3)	
Expository	TB	.72 (N=1)	.64 (N=10)	.84 (N=1)	.71 (N=10)	
	SM	.41 (N=1)	.53 (N=10)	.41 (N=1)	.61 (N=10)	
D'	TB	_	.69 (N=10)	_	.77 (N=10)	
Discontinuous	SM	-	.65 (N=14)	-	.73 (N=14)	

*Note:* Lower MC = Lower metacomprehension skills group. Higher MC = Higher metacomprehension skills group. TB= Text-based. SM= Situational Model. N = Number of items. Empty cells = No item had DIF

Table 4 Multiple linear regression $\beta$ coefficients for predicting mean performance (mean proportions of correct answers)						
Type of texts	Items	Age main effect	Sex main effect	Interaction effect		
Narrative	With DIF	$\beta = 1.54, t(819) = 7.32*$	$\beta =09$ , t(819) =35	$\beta = .14, t(819) = .43$		
Narrative	Without DIF	$\beta = 1.45, t(819) = 7.46*$	$\beta =31$ , t(819) = -1.27	$\beta = .19, t(819) = .64$		
Expository	With DIF	$\beta = .27, t(819) = 4.11^*$	$\beta = .11, t(819) = 1.34$	$\beta =01, t(819) =11$		
Expository	Without DIF	$\beta = 2.28$ , t(819) = 7.36*	$\beta =14$ , t(819) =37	$\beta = .37, t(819) = .78$		
Discontinuous	Without DIF	$\beta = 3.07, t(819) = 6.85^*$	$\beta =26$ , t(819) =47	$\beta = .18, t(819) = .26$		

relating metacomprehension judgments and global assessment of text comprehension (i.e., Glenberg & Epstein, 1985). For this reason, the aim of the present study was to analyze whether three different types of texts (narrative, expository, and discontinuous) have a differential impacts on metacomprehension skills and on performance in text comprehension, and also whether metacomprehension skills are more related to text-base or situational-model mental representations of the text. Furthermore, we analyzed whether this impact on metacomprehension skills are equivalent in two different levels of primary school (4<sup>th</sup> and 6<sup>th</sup> from 9 to 11 years old), and how metacomprehension skills are consistent across the texts regarding Higher and Lower metacomprehension groups.

A first conclusion is that different types of text have a differential impact on metacomprehension skills and reading comprehension. Narrative texts produced better metacomprehension than expository and discontinuous. Expository texts were the most difficult. Several authors (e.g., Graesser et al., 1994; León et al., 2006; McNamara, Graesser, & Louwerse, 2012) have proposed that different mental processes are required in the processing of narrative texts. The comprehension of narrative texts is guided by both expectations and explanations given that higher-order knowledge structures are activated during reading. These text characteristics influence metacomprehension, and metacomprehension measures have been shown to be much more dependent on materials and individual skills than previously expected (Maki, Shields, Wheeler, & Zaccilli, 2005). In addition, the narrative text, unlike the other two texts, did not show the expected differences between text-base and situational-model mental representations. It could mean that the narrative text was less complex to understand than expository and discontinuous texts in text-based as well as in situational-model representations. Perhaps their content, very familiar events and situations occurring in a predictable manner, usually reflects daily life patterns which would more easily activate previous knowledge. In fact, the Lower MC group obtained higher performance in the comprehension task for the narrative text than the Higher MC group. Given the complexity of metacomprehension, it is probable that students evaluated their comprehension of the text-base while they were not aware of the quality of their text situation-model. A more familiar text-base, such as for the narrative text should bring differential estimations for students about their own selfperformance because they would not be aware of the quality of their situation-model representation. These results are not obtained in the other texts in which the situational model was much more difficult to understand than the text-base, and thehigher metacomprehension group obtained better scores than did the lower metacomprehension group, especially for discontinuous text. Expository text was the most difficult to understand. These data support the idea that text difficulty affects metacomprehension accuracy and comprehension test performance in text learning (Vössing, StamovRoßnagel, & Heinitz, 2017).

A second conclusion is that childrens' ages differentially affects the metacomprehension skills across the different levels of primary schools analyzed here (4<sup>th</sup> and 6<sup>th</sup> grades, from 9 to 11 years old). As expected, a clear effect of age and academic level was found for within-subject tests when metacomprehension skills were compared across types of text. 6<sup>th</sup> grade children scored better than 4<sup>th</sup> graders. This statement reveals the importance of the development in early ages in metacomprehension skills. Being a late-developing skill, metacomprehension reflects

different maturation processes during individual development, and an appreciable improvement of metacomprehension skills is found in 10-12 years old students as some reading processes gradually become more automatic (Kolić-Vehovec & Bajšanski, 2006). These results are consistent with other studies that analyzed data from students between 8 and 12 years of age and found that older students knew more about text structures and that a progressive awareness of text characteristics was under development across that age range (i.e., Myers & Paris, 1978). But this level of metacomprehension skill is not consistent or stable across text types; the stability in metacomprehension skills is only partial. Only 27.4% of children were consistent in their metacomprehension skills across the types of text studied here. It could mean that children from 9-11 years are still immature in their level of metacomprehension skills (Destan, Hembacher, Ghetti, & Roebers, 2014). Developmental longitudinal studies are needed in order to analyze how metacomprehension skills change with age and, what differences could be observed across types of text due to educational training or personal preferences and abilities.

In conclusion, the present study demonstrates that the type of text can have a great impact on metacomprehension skills and, consequently, on comprehension and learning. Since these results have shown significant differences in terms of the type of text that is read, future research should be focused on the determination of variables that differentiate narrative texts from expository and discontinuous texts. For example, some variables from text or knowledge type (e.g., goal oriented or empathetic knowledge) can influence mental processes involved in reading comprehension and text metacomprehension. Once these variables are understood, different learning proposals could be developed to improve the acquisition of metacomprehension skills (Dunlosky & Lipko, 2007). The majority of metacomprehension research has been focused on expository texts for educational implications (Wiley et al., 2005), but further research on metacomprehension of narrative and discontinuous texts is needed and could be useful in wider educational applications.

Although researchers such as Weaver (1990) have demonstrated that metacomprehension accuracy improves when multiple comprehension items are given at test, other strategies are required in order to improve metacomprehension skills, especially in children. For example, Anderson & Thiede (2008) proposed that deeper comprehension tasks, such as text summarization, evoke more accurate metacomprehension judgments. Usually, summarization is considered to be a productive strategy for improving comprehension, at least due to its greater demands on the reader (León & Escudero, 2015). From a constructivist perspective, building explanations or producing written summary materials gives rise to and improves comprehension of texts more than other strategies. The combination of appropriate learning strategies and the study of text characteristics effects in metacomprehension could provide a fruitful context to improve students' metacomprehension skills.

#### Acknowledgments

This study was supported by Grant PSI2013-47219-P from the Ministry of Economic and Competitive (MINECO) of Spain, and European Union. We are thankful to Professor James Juola for his insightful comments and support.

# References

- Adesope, O.O., Trevisan, D.A., & Sundararajan, N. (2017). Rethinking the use of tests: A meta-analysis of practice testing. *Review of Educational Research*, 87(3), 659-701. https://dx.doi. org/10.3102/0034654316689306
- Anderson, M.C., & Thiede, K.W. (2008). Why do delayed summaries improve metacomprehension accuracy? *Acta Psychologica*, 128(1), 110-118. https://dx.doi.org/10.1016/j.actpsy.2007.10.006
- Carnevale, J.J., & Fujita, K. (2016). What does ego-depletion research reveal about self-control? A conceptual analysis. In E.R. Hirt, J. Clakson, & L. Jia (Eds.), *Self-regulation and ego control* (pp. 87-108). San Diego, CA: Academic Press.
- Cook, A.E., & O'Brien, E.J. (2014). Knowledge activation, integration, and validation during narrative text comprehension. *Discourse Processes*, 51(1-2), 26-49. https://dx.doi.org/10.1080/0163853X.2013.855107
- Diamond, A. (2012). Activities and programs that improve children's executive functions. *Current Directions in Psychological Science*, 21(5), 335-341. https://doi:10.1177/0963721412453722
- Destan, N., Hembacher, E., Ghetti, S., & Roebers, C.M. (2014). Early metacognitive abilities: The interplay of monitoring and control processes in 5-to 7-year-old children. *Journal of Experimental Child Psychology*, *126*, 213-228. https://dx.doi.org/10.1016/j. jecp.2014.04.001
- Duckworth, A.L., & Seligman, M.E. (2005). Self-discipline outdoes IQ in predicting academic performance of adolescents. *Psychological Science*, 16(12), 939-944. https://dx.doi.org/10.1111/j.1467-9280.2005.01641.x
- Dunlosky, J., & Lipko, A.R. (2007). Metacomprehension: A brief history and how to improve its accuracy. *Current Directions in Psychological Science*, 16(4), 228-232. https://dx.doi.org/10.1111/ j.1467-8721.2007.00509.x
- Dunlosky, J., & Metcalfe, J. (2008). *Metacognition*. London: Sage Publications.
- Glenberg, A.M., & Epstein, W. (1985). Calibration of comprehension. Journal of Experimental Psychology: Learning, Memory, and Cognition, 11(4), 702-718. http://dx.doi.org/10.1037/0278-7393.11.1-4.702
- Graesser, A.C., Singer, M., & Trabasso, T. (1994). Constructing inferences during narrative text comprehension. *Psychological Review*, 101(3), 371-395. https://dx.doi.org/10.1037/0033-295X.101.3.371
- Kintsch, W. (1988). The use of knowledge in discourse processing: A construction-integration model. *Psychological Review*, 95, 163-182.
- Kintsch, W. (1998). Comprehension: A paradigm for cognition. New York: Cambridge University Press.
- Kolić-Vehovec, S., & Bajšanski, I. (2006). Metacognitive strategies and reading comprehension in elementary-school students. *European Journal of Psychology of Education*, 21(4), 439. https://doi.org/10.1007/ BF03173513
- León, J.A., & Escudero, I. (2015). Understanding causality in science discourse for middle and high school students. Summary task as a strategy for improving comprehension. In K.L. Santi & D. Reed (Eds), *Improving comprehension for middle and high school students* (pp. 75-98). Springer International Publishing: Switzerland. https://dx.doi. org/10.1007/978-3-319-14735-2\_4
- León, J.A., Escudero, I., & Olmos, R. (2012). ECOMPLEC. Evaluación de la comprensión lectora [ECOMPLEC. Reading Comprehension Assessment]. Madrid: TEA Ediciones.
- León, J.A., Olmos, R., Escudero, I. Cañas, J., & Salmerón, L. (2006). Assessing short summaries with human judgments procedure and latent semantic analysis in narrative and expository texts. *Behavior Research Methods*, 38(4), 616-627. https://doi.org/10.3758/BF03193894
- León, J.A., Martínez-Huertas, J.Á., & Jastrzebska, O. (2018). Un estudio sobre la competencia lectora en adultos con discapacidad intelectual y del desarrollo ante textos con contenidos de clínica y salud [A study on reading competence in adults with intellectual and developmental

disability when they read clinical and health-related texts]. *Clínica y Salud*, 29(3), 115-123. https://doi.org/10.5093/clysa2018a17

- McNamara, D.S., Graesser, A.C., & Louwerse, M.M. (2012). Sources of text difficulty: Across genres and grades. In J. Sabatini, E. Albro, & T. O'Reilly (Eds.), *Measuring up: Advances in how we assess reading ability* (pp. 89-116). Lanham, MD: R&L Education.
- Magis, D., Beland, S., & Raiche, G. (2013). difR: Collection of methods to detect dichotomous differential item functioning (DIF) in psychometrics. R package version 4.5.
- Magis, D., Raiche, G., Beland, S., & Gerard, P. (2010). A logistic regression procedure to detect differential item functioning among multiple groups. *International Journal of Testing*, 11(4), 365-386. https://dx.doi. org/10.1080/15305058.2011.602810
- Maki, R.H., & Berry, S.L. (1984). Metacomprehension of text material. Journal of Experimental Psychology: Learning, Memory, and Cognition, 10(4), 663-679. http://dx.doi.org/10.1037/0278-7393.10.4.663
- Maki, R.H., Shields, M., Wheeler, A.E., & Zacchilli, T.L. (2005). Individual differences in absolute and relative metacomprehension accuracy. *Journal of Educational Psychology*, 97(4), 723-731. https:// dx.doi.org/10.1037/0022-0663.97.4.723
- Madariaga, J.M., & Martínez, E. (2010). The teaching of reading comprehension and metacomprehension strategies. A program implemented by teaching staff. *Annals of Psychology*, 26(1), 112-122.
- Martínez-Huertas, J.Á., Jastrzebska, O., Mencu, A., Moraleda, J., Olmos, R., & León, J.A. (2018). Analyzing two automatic assessment LSA methods (Inbuilt Rubric vs. Golden Summary) in summaries extracted from expository texts. *Psicología Educativa*, 24(2), 85-92. https://doi. org/10.5093/psed2048a9
- Myers, M., & Paris, S.G. (1978). Children's metacognitive knowledge about reading. *Journal of Educational Psychology*, 70(5), 680-690. https://dx.doi.org/10.1037/0022-0663.70.5.680
- Nelson, T.O., & Dunlosky, J. (1991). When people's judgments of learning (JOLs) are extremely accurate at predicting subsequent recall: The "delayed-JOL effect". *Psychological Science*, 2(4), 267-271. https:// dx.doi.org/10.1111/j.1467-9280.1991.tb00147.x
- Nigg, J.T. (2017). Annual Research Review: On the relations among self- regulation, self- control, executive functioning, effortful control, cognitive control, impulsivity, risk- taking, and inhibition for developmental psychopathology. *Journal of Child Psychology and Psychiatry*, 58(4), 361-383. https://dx.doi.org/10.1111/jcpp.12675
- Olmos, R., León, J.A., Martín, L.A., Moreno, J.D., Escudero, I., & Sánchez, F. (2016). Psychometric properties of the reading comprehension test ECOMPLEC. Sec. *Psicothema*, 28(1), 89-95. https://dx.doi. org/10.7334/psicothema2015.92
- Organization for Economic Cooperation and Development OECD (2010). PISA 2009 Results: What Students Know and Can Do - Performance in Reading, Mathematics and Science (Volume I). Paris: OECD.
- Rosseel, Y. (2011). Lavaan: An R Package for Structural Equation Modeling. *Journal of Statistical Software*, 48(2), 1-36. https://dx.doi. org/10.18637/jss.v048.i02
- Vössing, J., Stamov-Roßnagel, C., & Heinitz, K. (2017). Text difficulty affects metacomprehension accuracy and knowledge test performance in text learning. *Journal of Computer Assisted Learning*, 33(3), 282-291. https://dx.doi.org/10.1111/jcal.12179
- Walczyk, J.J. (1990). Relation among error detection, sentence verification, and low-level reading skills of fourth graders. *Journal of Educational Psychology*, 82(3), 491-497. https://dx.doi.org/10.1037/0022-0663.82.3.491
- Weaver, C.A. (1990). Constraining factors in calibration of comprehension. Journal of Experimental Psychology: Learning, Memory, and Cognition, 16(2), 214-222
- Wiley, J., Griffin, T.D., & Thiede, K.W. (2005). Putting the comprehension in metacomprehension. *The Journal of General Psychology*, 132(4), 408-428. https://dx.doi.org/10.3200/GENP.132.4.408-428