Fingerprinting dark energy. III. Distinctive marks of viscosity

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The characterization of dark energy is one of the primary goals in cosmology especially now that many new experiments are being planned with the aim of reaching a high sensitivity on cosmological parameters. It is known that if we move away from the simple cosmological constant model then we need to consider perturbations in the dark energy fluid. This means that dark energy has two extra degrees of freedom: the sound speed \( c_s^2 \) and the anisotropic stress \( \sigma \). If dark energy is inhomogenous at the scales of interest then the gravitational potentials are modified and the evolution of the dark matter perturbations is also directly affected. In this paper we add an anisotropic component to the dark energy perturbations. Following the idea introduced in D. Sapone and M. Kunz, Phys. Rev. D 80, 083519 (2009), we solve analytically the equations of perturbations in the dark sector, finding simple and accurate approximated solutions. We also find that the evolution of the density perturbations is governed by an effective sound speed that depends on both the sound speed and the anisotropic stress parameter. We then use these solutions to look at the impact of the dark energy perturbations on the matter power spectrum and on the integrated Sachs-Wolfe effect in the cosmic microwave background.

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I. INTRODUCTION

The cause of the acceleration of the Universe’s expansion, real or apparent it may be, is yet shrouded in mystery. The easiest explanation involves Einstein’s cosmological constant and results in the “standard” cosmological model, ΛCDM. However, this suffers of fine-tuning problems, as well as all up to now available alternative models. Since the observations of supernovae type Ia (SNIa) [1,2], many other probes have confirmed this acceleration, and several experiments are planned in order to understand the nature of the phenomenon, usually called “dark energy.” The quality and quantity of the upcoming data will allow one to better distinguish among different models, both from the background expansion and from the cosmological perturbations point of view. In this context, it is important to determine and understand as well as possible all signatures characterizing different models.

In two previous papers [3,4], some of us have studied the influence of dark energy perturbations on the evolution of cosmological perturbations and on the observables related to it. To quantify this impact, the two parameters \( Q \) and \( \Sigma \) introduced in [5] were evaluated, the first measuring the fraction of dark energy density perturbations and the second related to the sum of the gravitational potentials, observable with weak lensing. In both [3,4], dark energy was modeled as a fluid characterized by an equation of state \( w = p/\rho \) (where \( \rho \) and \( p \) are pressure and energy density, respectively) and a sound speed \( c_s^2 = \delta p/\delta \rho \) (where \( \delta p \) are the pressure perturbations), both assumed to be constant. Paper [3] found a simple and useful analytical expression for matter and dark energy perturbations, while paper [4] looked more carefully at observational implications.

Here we take a further step in generalizing the dark energy fluid. We introduce an additional degree of freedom: the anisotropic stress. From the seminal work [6], we know that a classical scalar field has no anisotropic stress. Although most dark energy models are based on scalar fields (for a review see e.g. [7,8]), it is nevertheless interesting, also based on the fact that very little is known about dark energy, to study this very general fluid and see how such a term would affect density perturbations and observables that are sensitive to them. Moreover, modified gravity models may be reformulated as effective dark energy fluids with anisotropic stress. The possibility of detecting it is therefore related to the problem of distinguishing dark energy from modified gravity.

Probably due to the absence of anisotropic stress in classical scalar fields, which are among the most popular candidates for dark energy, there is not much literature on this subject. One interesting paper on this is [9]. Here a “generalized dark matter” with an anisotropic stress component was studied. This anisotropy corresponds, in the case of the fluid, to a viscosity term \( c_{vis}^2 \) damping density perturbations. The authors of this paper designed...
an equation governing the evolution of the anisotropic stress that recovers the free streaming equations of motion for radiation up to the quadrupole. In [10] this same general parameterization of the dark energy component was analyzed with data from the cosmic microwave background (CMB) radiation, large scale structure, and supernovae type Ia, finding that both \( c_s^2 \) and \( c_{\text{vis}}^2 \) were hard to constrain and that even future data would not improve very much in measuring them. A similar conclusion was reached by [11]. Here forecasts were made on how well future CMB experiments will constrain an *early, cold, and stressed* dark energy. Also, Ref. [12] used this parameterization to constrain extra neutrino species that are not explained by particles physics. A different approach on anisotropic stress was taken by [13], which found general consistency relations for \( \Lambda \)CDM and studied anisotropies arising even in \( \Lambda \)CDM from second-order perturbations. A nonexhaustive list of other works concerning observable consequences of an anisotropic stress term is [14,15].

In this context, our approach is similar as in [3]: we aim to try to solve *analytically* the perturbation equations for the simplest possible model of an anisotropic stress dark energy fluid in the simplest sensible approximations. This is useful both to understand more clearly the signatures induced by viscosity and to build simple tools for comparisons with observations. We parameterize the dark energy fluid by using three constants: the equation of state parameter \( w \), the sound speed \( c_s^2 \), and the viscosity \( c_{\text{vis}}^2 \). We start off from the anisotropic stress model of [9].

The structure of the paper is the following. After discussing the perturbation equations, defining our variables and describing the model for the anisotropic stress in Sec. II, we derive simple analytical solutions for the dark energy perturbations in presence of anisotropic stress during the matter domination era in Sec. III. We also verify that our expressions are a good fit to the numerical solutions obtained using CAMB [16,17]. In the same section we study the effect of the anisotropic stress of dark energy on the evolution of perturbations, concluding that the presence of a viscosity term \( c_{\text{vis}}^2 \) produces an *anisotropic* horizon, which results in an *effective sound speed*. In Sec. IV we compute the clustering parameters \( Q(k, t) \), \( \Sigma(k, t) \), and \( \eta(k, t) \) defined in [5], for the case of our model. These have the advantage of tracking the numerical solution even after matter domination, where they are strictly valid. Finally, in Sec. V we use our results to evaluate the effect of the viscosity \( c_{\text{vis}}^2 \) (and of the other dark energy parameters \( w \) and \( c_s^2 \)) on the amplitude and shape of the matter power spectrum, on the growth factor and on the integrated Sachs-Wolfe (ISW) effect. We stress that our aim is not to give a full theoretical analysis on imperfect fluid dark energy, but to analyze the effect of a possible viscous dark energy on the growth of perturbations.

## II. FIRST-ORDER PERTURBATIONS IN DARK ENERGY

### A. Definitions

In this paper we consider only spatially flat universes, and we use the Newtonian or longitudinal gauge so that our metric reads

\[
ds^2 = a^2 [-(1 + 2\psi) d\tau^2 + (1 - 2\phi) dx_i dx^i],
\]

where \( a \) is the scale factor, \( \tau \) is the conformal time, \( \psi \) and \( \phi \) are scalar metric perturbations (or potentials), and we do not consider vector and tensor perturbations. With \( H \) we indicate the Hubble parameter, \( H = (1/a)(da/dt) \) computed with respect to the physical time \( t \) (\( dt = ad\tau \)), and an overdot indicates a derivative with respect to \( \tau \). Let us remind the reader that while the gauge choice affects the perturbations on scales larger than the Hubble horizon, \( k \ll aH \), on much smaller scales the observables are independent of it.

For a generic fluid with constant equation of state parameter \( w = p/\rho \), the perturbation equations are [18,19]

\[
\delta' = 3(1 + w)\phi' - \frac{V}{Ha^2} - \frac{1}{a} \left( \frac{\delta p}{\rho} - w\delta \right),
\]

where \( \delta = \delta \rho/\rho \) is the density contrast, \( V \) is the velocity perturbation, \( \delta p/\rho \) is the pressure perturbation, \( \sigma \) is the anisotropic stress of the fluid, and with a prime we indicate a derivative with respect to \( \tau \). Since we are interested in late times, we will assume that the Universe is filled only by two components: a matter fluid with \( w = \delta p = 0 \) and a dark energy fluid, parameterized by a constant \( w \sim -1 \), by an anisotropic stress function \( \sigma \), and by a sound speed \( c_s^2 \) [20] related to pressure perturbation through

\[
\delta p = c_s^2 \rho \delta + \frac{3aH(c_s^2 - c_{\text{vis}}^2)}{k^2} \rho V,
\]

where \( c_s^2 = p/\rho \) is the adiabatic sound speed of the fluid. Here we restrict ourselves to models with \( w \equiv -1 \) to avoid crossing the phantom divide, where the above is not a good parameterization [21]. In our case the adiabatic sound speed is \( c_{s}^2 = w \) since our dark energy fluid has constant \( w \).

Given the above assumptions the perturbation Eqs. (2) and (3) for our dark energy fluid become

\[
\delta' = -\frac{V}{Ha^2} \left[ 1 + \frac{9a^2H^2(c_s^2 - w)}{k^2} \right] \\
- \frac{3}{a} (c_s^2 - w) \delta + 3(1 + w)\phi',
\]

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\]
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\[ V' = -(1 - 3\varepsilon^2_c) \frac{V}{a} + k^2 c_s^2 \delta + \frac{(1 + w)k^2}{a^2 H} [\psi - \sigma]. \]  

(6)

The first two Einstein equations (in conformal Newtonian gauge) are \[18\]

\[ k^2 \phi + 3a^3 H^2 \left( \phi' + \frac{1}{a} \psi \right) = 4\pi G a^2 \sum \delta T_{0i}^{0i}, \]  

(7)

\[ k^2 (\phi' + \frac{1}{a} \psi) = \frac{4\pi G}{H} \sum \rho_i V_i, \]  

(8)

where the sum runs over all types of matter that cluster. We can write Eqs. (7) and (8) in one single formula to obtain the Poisson equation

\[ k^2 \phi = -4\pi G a^2 \sum \rho_i \left( \delta_i + \frac{3aH}{k} V_i \right) = -4\pi G a^2 \sum \rho_i \Delta_i, \]  

(9)

where \( \Delta_i \) is the (gauge-invariant) comoving density contrast of the \( i \)th fluid. The fourth Einstein equation, which describes the difference between the two potentials \( \psi \) and \( \phi \) as a function of the anisotropic stress, is

\[ k^2 (\phi - \psi) = 12\pi G a^2 (1 + w) \rho \sigma \]  

\[ = \frac{4H^2}{3}(1 - \Omega_{m0}a^{-2(1+3w)})(1 + w)\sigma \]  

\[ = B(a)\sigma, \]  

(10)

where \( \rho \) is the energy density of dark energy. To be able to solve analytically the above equations, we restrict ourselves to the matter dominated epoch, which is also the most interesting regime in relation to observations. Here \( 8\pi G \sum \rho_i \approx 8\pi G \rho_m = 3H^2 \Omega_{m0}a^{-3} \). A consequence of this is that \( \sum \rho_i \Delta_i \approx \rho_m \Delta_m \) so that, at first approximation, only matter perturbations contribute to source the gravitational potential in Eq. (9). Since we are interested precisely in the impact of a nonvanishing anisotropic stress of dark energy on the main observables, we should in principle not neglect \( \sigma \) in Eq. (10). However, we notice that the term \( B(a) \) in Eq. (11) is proportional to \( 1 + w \sim 0 \) (with \( w \sim -1 \)) and to \( a^{-(1+3w)} \sim a^{-4} \) that decays away very quickly. Hence, as a first approximation, we neglect the contribution of \( \sigma \) in the fourth Einstein equation, obtaining \( \psi \approx \phi \).

B. Anisotropic stress dark energy

To model a dark energy anisotropy is difficult as this might arise from a real internal degree of freedom of the fluid or from a modification of the geometry of spacetime. Scalar field dark energy, for example, always has \( \sigma = 0 \) [6]. However, while dealing with general fluids this might not be the case. We decided to look at the imperfect dark energy fluid model developed and analyzed by [9,10,22]. In this fluid approach, the anisotropic stress is a viscosity term damping density perturbations. This anisotropy is sourced by scalar velocity perturbations and is generated by the shear term in the metric fluctuation; moreover it has to be gauge invariant [9].

In this class of models the dark energy anisotropic stress \( \sigma \) is a function of scale \( k \) and time \( a \). The equation for \( \sigma \) is given, in Newtonian gauge (see [9]), by

\[ \sigma' + \frac{3}{a} \sigma = \frac{8}{3} \frac{c_{vis}^2}{(1 + w)^2} \frac{V}{a^2 H}, \]  

(12)

where the viscosity parameter \( c_{vis}^2 \) quantifies the coupling of the anisotropic stress to the velocity perturbation. On the left-hand side of Eq. (12) also appears a Hubble drag term. This equation, governing the evolution of the anisotropic stress, is built to recover the free streaming equations of motion for radiation up to the quadrupole. We remark that this ansatz does not cover mainly models in which stress fluctuations are not sourced by density and velocity perturbations but act as external sources for the perturbations [23]: here also vector and tensor stresses have to be modeled in order to understand the evolution of perturbations.

III. SOLUTIONS FOR THE DARK ENERGY PERTURBATIONS

If the Universe is matter dominated, then \( k^2 \phi = -4\pi G a^2 \rho_m \Delta_m \approx -3/2H^2 \Omega_{m0} \delta_0 \approx -\phi_0 \) is constant and the dark matter density contrast grows linearly with the scale factor. Along the lines of [3], we look for solutions for \( \delta \) and \( V \) in the presence of an anisotropic stress evolving as in Eq. (12) in two regimes: that of perturbations below and of those above the sound horizon.

A. Modes below sound horizon

We start with perturbations below the sound horizon, i.e. such that \( k \gg aH/c_s \). Here, we can neglect the terms proportional to \( V \) and \( V' \) appearing in Eq. (6) as they are small compared to the third term on the right-hand side, which is \( \sim k^2 c_s^2 \). We are left with an equation for \( \delta \):

\[ \delta = \frac{1 + w}{k^2 c_s^2} (\phi_0 + k^2 \sigma), \]  

(13)

where we used \( k^2 \phi = -\phi_0 \). Substituting Eq. (13) into Eq. (5) we obtain another differential equation for \( \sigma \), coupled to \( V \):

\[ \frac{1 + w}{c_s^2} \sigma' = - \frac{V}{a^2 H} - \frac{3}{a} (c_s^2 - w) \frac{1 + w}{k^2 c_s^2} (\phi_0 + k^2 \sigma), \]  

(14)

where we have neglected the second term in square brackets of Eq. (5), as \( k^2 \) is small for modes below sound horizon. Inserting the expression for \( V \) of Eq. (14) into Eq. (12), we obtain a first-order differential equation in \( \sigma \) only.
\[ \left[ \frac{1}{c_s^2} - \frac{3}{8} \frac{1 + w}{c_{\text{vis}}^2} \right] \sigma' + \frac{3}{a} \left[ \frac{3}{8} \frac{1 + w}{c_{\text{vis}}^2} + \frac{c_s^2 - w}{c_s^2} \right] \sigma \]

\[ = - \frac{3}{a} \frac{c_s^2 - w}{k^2 c_s^2} \phi_0. \quad (15) \]

This equation can be solved exactly, the solution being

\[ \sigma = - \frac{8 c_{\text{vis}}^2 (c_s^2 - w)}{3 c_s^2 (1 + w) + 8 (c_s^2 - w) c_{\text{vis}}^2} k^2 \phi_0, \quad (16) \]

plus an extra term rapidly decaying when \( a \) grows (see Appendix A). Substituting \( \sigma \) into Eqs. (13) and (14) we finally obtain expressions for \( \delta \) and \( V \):

\[ \delta = \frac{3(1 + w)^2}{3 c_s^2 (1 + w) + 8 (c_s^2 - w) c_{\text{vis}}^2} k^2 \phi_0, \quad (17) \]

\[ V = \frac{9(1 + w)^2 (c_s^2 - w)}{5 c_s^2 (1 + w) + 8 c_{\text{vis}}^2 (c_s^2 - w)} H_0 \sqrt{\Omega_m} \frac{\phi_0}{\sqrt{\alpha k^2}} \]

\[ = - 3 a H (c_s^2 - w) \delta. \quad (18) \]

We notice that in our approximations \( \sigma \) and \( \delta \) are approximately constant while \( V \sim a^{-1/2} \).

Dark energy perturbations in this scenario are suppressed by a factor \((1 + w)^2\). The \((1 + w)^2\) factor is originated both by the \((1 + w)\) factor contained in the gravitational potentials, which source dark energy perturbations, and by the anisotropic stress. Therefore, anisotropic stress slows the growth of dark energy perturbations by an extra factor of \((1 + w)\) with respect to the standard case of clustering quintessence. In the limit of no viscosity, \( c_{\text{vis}}^2 = 0 \), we consistently obtain \( \sigma = 0 \) and

\[ \delta = (1 + w) \frac{\phi_0}{c_s^2 k^2}, \quad (19) \]

\[ V = \frac{3(1 + w)(c_s^2 - w) H_0 \sqrt{\Omega_m}}{c_s^2 k^2} a^{-1/2}, \quad (20) \]

which corresponds to the standard case studied in [3]. Moreover we see that now the suppression factor of dark energy perturbations is again \((1 + w)\) and not anymore \((1 + w)^2\).

**B. Modes above sound horizon**

To find solutions for \( \sigma, \delta, \) and \( V \) for modes above sound horizon, we must again start from the velocity perturbation equation (6), but this time we neglect the terms proportional to \( c_s^2 \) so we have

\[ V' + \frac{1}{a} V = \left( \frac{1 + w}{a^2 H} \right) (\phi_0 + k^2 \sigma). \quad (21) \]

This equation, together with Eq. (12), calculated in the approximation of matter domination i.e. for \( a^2 H = H_0 \sqrt{\Omega_m} \sqrt{\alpha} \), forms a closed system that can be solved after some mathematical manipulation, giving the following solution for \( \sigma \):

\[ \sigma = \frac{1}{k^2} \phi_0 \left[ -1 + \frac{3}{2 a_0} + \frac{3}{2 (2 a_0)^2} + \frac{9}{4 (4 a_0)^4} \right], \quad (22) \]

where

\[ \alpha = \frac{8 c_{\text{vis}}^2}{3 H_0^2 \Omega_m} \frac{k^2}{1 + w}, \quad (23) \]

plus some extra decaying terms that we can neglect. As in the case of modes below sound horizon, the dominant term is a constant. Looking again at Eq. (21), we now notice that, contrary to the standard case where \( c_{\text{vis}}^2 = 0 \), here too we could have neglected the terms \( \propto V, V' \), since they decay as \( a^{-1/2} \) compared to \( \sigma \). Indeed neglecting them, Eq. (21) gives us consistently \( \delta = - \phi_0 / k^2 \). This also coincides with the solution for \( \sigma \) we found for modes below sound horizon (where we also had neglected terms proportional to \( V, V' \)), if we set \( c_s^2 = 0 \) in our solution, and the same happens to \( V \), which is

\[ V = - \frac{9(1 + w)^2}{8 c_{\text{vis}}^2} H_0 \sqrt{\Omega_m} \frac{\phi_0}{k^2} a^{-1/2}. \quad (24) \]

We compute \( \delta \) from Eq. (5), where we neglect terms \( c_s^2 \) and \( k^{-2} \):

\[ \delta' - \frac{3 w}{a} \delta = - \frac{9(1 + w)^2}{8 c_{\text{vis}}^2 a} \frac{\phi_0}{k^2} \quad (25) \]

and the (dominant term in the) solution is

\[ \delta = - \frac{3(1 + w)^2}{8 c_{\text{vis}}^2} \frac{\phi_0}{k^2}. \quad (26) \]

It is clear again that the last equation is a subcase of solution (17). Looking at Eqs. (22) and (23) it would seem that the terms containing \( c_{\text{vis}}^2 \), may come to dominate if we are dealing with small values of \( c_{\text{vis}}^2 \), especially at early times. However, the impact of the these terms on the growth of the dark energy density contrast is negligible, as explained below.

Let us remind the reader that these results have been obtained under the assumption of a time-independent \( w \), \( c_s^2 \), and \( c_{\text{vis}}^2 \), but we have not excluded a \( k \) dependence of \( c_s^2 \) and \( c_{\text{vis}}^2 \). It is also important to notice that the solutions found above do not reduce to the case \( c_s^2 = c_{\text{vis}}^2 = 0 \). For this case we need to use the solution found in [3] for the density perturbation:

\[ \delta = \delta_0 (1 + w) \left( \frac{a}{1 - 3w} + \frac{3 H_0^2 \Omega_m}{k^2} \right). \quad (27) \]

In Fig. 1 we plot the numerical solution for the dark energy density contrast for \( k = 200H_0 \) as well as the analytic solutions for modes above sound horizon \( (c_s^2 = 0) \), Eqs. (26) and (27) for \( c_{\text{vis}}^2 = 10^{-4} \) and \( c_{\text{vis}}^2 = 0 \),
FIG. 1 (color online). Behavior of the dark energy density contrast $\delta$ for scales above sound horizon as a function of the scale factor $a$. The black dotted-dashed line represents the numerical solution computed with CAMB for a model with $c_v^2 = 10^{-4}$, $c_s^2 = 0$, and $w = -0.8$ for the mode $k = 200H_0$ (where radiation was omitted in order to obtain a longer interval in $a$ and show all different dynamical regimes). The red solid line is the approximated solution for $c_v^2 = 0$ for scales above sound horizon, Eq. (27), while the blue dashed line is Eq. (26), valid for $c_v^2 \neq 0$ and scales above sound horizon. The vertical dotted lines correspond to the value of $a$ at which the mode enters the causal horizon (left brown line) and the anisotropic horizon (right green line). We see that the numerical solution consistently follows first the red solid line and then the blue dashed line once the anisotropic horizon is crossed. At $a \approx 1$ we start to see a deviation from our approximated solutions due to the end of matter domination, hence of their domain of validity.

respectively; here and in the following figures we set $\Omega_{m_0} = 0.23$ and $H_0 = 70$ km/s/Mpc. The values are chosen so to show the full complexity of the $\delta$ evolution [24]. It can clearly be seen how perturbations start to grow as soon as they enter the causal horizon. Although in this case there is no sound horizon as the sound speed is zero, the presence of a nonvanishing anisotropic stress creates a new *anisotropic horizon* in the evolution of the dark energy perturbations: when perturbations cross this horizon then the viscosity of the fluid counteracts the gravitational collapse and prevents the perturbations from growing. The value of the scale factor at which perturbations cross the anisotropic horizon can be evaluated from $kc_v \sim aH$ [25].

It is the presence of this anisotropic horizon that justifies the assumptions made so far. To illustrate this, let us consider again the solution for $\sigma$ obtained assuming $c_s^2 = 0$, i.e. Eq. (22). If the sound speed is zero then the only component capable to prevent dark energy perturbations from growing is the anisotropic stress, which starts becoming important and counterbalancing the gravitational collapse only after the anisotropic horizon has been crossed by $\delta$. A way to understand this is by looking at Eq. (12): when $c_v^2$ is very small, the evolution of $\sigma$ is essentially decoupled from $V$, hence the term proportional to $\sigma$ in Eq. (21) is negligible and the anisotropic stress does not affect the growth of perturbations. Only later in time, approximately when crossing the anisotropic horizon, does viscosity enter the game.

As shown, the size of this horizon depends on the value of the viscosity term $c_v^2$. During matter domination, the anisotropic horizon crossing happens at $a \sim H_0^2 \Omega_{m_0}/(k^2 c_v^2)$; the smaller is $c_v^2$, the later in time perturbations enter the horizon and consequently they have more time to grow. The reader might think that the terms appearing in Eq. (22) come to dominate eventually for a small value of $c_v^2$, when $a$ is small. However, this is not the case thanks to the presence of the anisotropic horizon. This is illustrated in Fig. 1 where $c_s^2 = 0$ and $c_v^2$ assumes a very small value, $c_v^2 = 10^{-4}$. Before entering the anisotropic horizon dark energy perturbations grow as if the anisotropic stress were absent, following Eq. (27). Only when the anisotropic horizon has been crossed perturbations stop growing because $\sigma$ becomes important. However, this only happens at late times, as $c_v^2$ is small. Hence, being $a$ large, only the first constant term in Eq. (22) is important. To prove this, let us consider the decaying mode in Eq. (22) for $c_v^2 = 10^{-4}$,

$$\frac{1}{aa} = \frac{3}{8} \frac{H_0^2 \Omega_{m_0}}{c_v^2 k^2} (1 + w) \frac{1}{a} \sim \frac{10^{-2}}{a},$$

where $k = 200H_0$. The above term is larger than the constant term if $a < 10^{-2}$, but it can never dominate because the anisotropic horizon is at $a \sim 10^{-1}$.

What happens at large scales when $c_v^2$ is larger, say $c_v^2 \sim 10^{-1}$? From Eq. (22) it would seem again that $\sigma$ cannot be approximated by a constant. Here a different mechanism comes into play: large scales enter the causal horizon later than small scales (e.g. during matter domination at $a \sim H_0^2 \Omega_{m_0}/k^2$), hence perturbations with small $k$ cross the causal horizon at sufficiently large $a$ so that the time-dependent terms in Eq. (22) can be neglected. If e.g. we take scales as large as $k = H_0$, the causal horizon is at $a = \Omega_{m_0}$ and here we get (again for $w = -0.8$)

$$\frac{1}{aa} = \frac{3}{8} \frac{1+w}{c_v^2} \sim 0.2 < 1.$$  

This quantity becomes even smaller for values of $w$ closer to $-1$. The considerations made in this section ensure us that the time-dependent terms (28) decay fast enough in all relevant cases.

**C. An effective sound horizon**

It is interesting to notice that the anisotropic stress is not always the dominant component affecting the growth of dark energy perturbations. As an example, we plot in Fig. 2 the evolution of the dark energy density contrast $\delta$ for different values of the viscosity term $c_v^2$ (with the corresponding anisotropic horizon) while keeping the sound speed $c_s^2$ fixed. As the viscosity term decreases, perturbations start to feel the presence of pressure perturbations,
FIG. 2 (color online). Numerical evolution of the dark energy density perturbation $\delta$ with $k = 200H_0$ for different values of $c_{\text{vis}}^2$. The black dotted, the brown long dashed, the blue dotted-dashed, the green long dashed-dotted, and the red solid line (bottom to top) correspond to $c_{\text{vis}}^2 = 10^{-1}, 10^{-2}, 10^{-3}, 10^{-4}$ and $10^{-5}$, respectively. The vertical lines give the scale factor at which each mode of matching color/line style enters the anisotropic horizon (left to right). For all solutions, $w = -0.8$, $c_s^2 = 10^{-2}$ was assumed.

which, similarly to $c_{\text{vis}}^2$, damp $\delta$ once it crosses the sound horizon. At this point, having density perturbations already been damped, the anisotropic horizon plays no role anymore and the viscosity term becomes unimportant. This effect can be clearly seen in Fig. 2, where the red solid line and the green long dashed-dotted line, corresponding to $c_{\text{vis}}^2 = 10^{-3}$ and $c_{\text{vis}}^2 = 10^{-4}$, respectively, are basically unaltered when crossing their anisotropic horizon (that for the value used happens at $a \sim 10^{-3}$), having already experienced the damping due to pressure perturbations. A similar behavior can be seen when the anisotropic horizon is crossed before the sound horizon: here $\delta$ is damped by the viscosity of the fluid and the crossing of the sound horizon later in time produces no effect. Furthermore, looking at Eqs. (17) and (18) we notice that it is possible to rewrite them in terms of an effective sound speed:

$$c_{\text{eff}}^2 = c_s^2 + \frac{8}{3} \left( \frac{c_s^2 - w}{1 + w} \right) c_{\text{vis}}^2. \quad (30)$$

We list the equations for $\delta$ and $V$ in terms of $c_{\text{eff}}^2$ and $c_s^2$ in Appendix C. In view of these considerations, the degeneracy between $c_s^2$ and $c_{\text{vis}}^2$ found by us and by Refs. [10,11], is confirmed and has a clear explanation. From $c_{\text{eff}}^2$ it is hence possible to define an effective sound horizon, which takes into account both $c_{\text{vis}}^2$ and $c_s^2$ and determines the time at which perturbations are damped by the anisotropic stress or by pressure perturbations: $a^2 H^2 \sim \frac{a^2 H^2}{c_{\text{eff}}^2} \sim \frac{a^2 H^2}{c_s^2 + 8/3 c_{\text{vis}}^2 (c_s^2 - w)/(1 + w)}$. We can ask when the anisotropic stress comes to dominate over pressure perturbations. The sound speed starts becoming more important than anisotropic stress if $c_{\text{vis}}^2 < c_s^2/10$ (for our value of $w$), which is also confirmed by numerical results.

IV. CLUSTERING PARAMETERS

When dark energy starts dominating, $\phi$ starts decaying; moreover, dark energy is also clustering. This variation can be conveniently represented using the parameterization defined in [5] where two new quantities were introduced: $Q$, which is directly related to the Poisson equation and describes the amount of clustering dark energy, and $\eta$, which is related to the amount of anisotropic stress. Using this new parameterization, the Poisson equation reads

$$k^2 \phi = -4\pi G a^2 Q \rho_m \Delta_m, \quad (31)$$

where

$$Q - 1 = \frac{\rho_0}{\rho_m} \Delta_m. \quad (32)$$

The reason why we mostly express quantities in terms of $Q - 1$ rather than $Q$ itself is because the former directly measures the amount of clustering dark energy whereas $Q$ refers to the sum of dark matter and dark energy clustering. The parameter $\eta$ is instead defined from

$$\psi = (1 + \eta(a, k)) \phi. \quad (33)$$

We can now compute the gauge-invariant density perturbation $\Delta$ of matter and dark energy. During matter domination we have at first approximation $\Delta_m = \delta_0 a$, where $\delta_0$ is a constant of integration. For dark energy we obtain

$$\Delta = \frac{(1 + w) \phi_0}{c_{\text{eff}}^2} \frac{1}{k^2}, \quad (34)$$

where we have neglected the term proportional to $V$ since it is decaying. Also recall that this solution is valid for modes both above and below sound horizon.

In our case, we will find an expression for $Q - 1$ valid for all $c_{\text{vis}}^2 > 0$ and $c_s^2 > 0$:

$$Q - 1 = \frac{3H_0^2}{2k^2} \frac{(1 - \Omega_m)(1 + w)a^{-3w - 1}}{c_{\text{eff}}^2}. \quad (35)$$

We notice that the above equation is not valid for the special case $c_s^2 = c_{\text{vis}}^2 = 0$ (as it was already the case for $\delta$). Being the latter the standard case with no anisotropic stress, it had already been calculated in [3] to be

$$Q(c_s^2 = c_{\text{vis}}^2 = 0) - 1 = \frac{1 + w}{1 - 3w} \frac{1 - \Omega_m a^{-3w}}{\Omega_m}. \quad (36)$$

To obtain a single expression for $Q$, including anisotropic stress as well as the case $c_s^2 = c_{\text{vis}}^2 = 0$ and valid for modes above and below sound horizon, we define
\[ Q_{\text{tot}} - 1 = \frac{[Q - 1]Q(c^2_{\text{vis}} = 0) - 1}{[Q - 1] + [Q(c^2_{\text{vis}} = 0) - 1]} \]
\[ = \frac{1 - \Omega_{m_0}(1 + w)}{\Omega_{m_0}(1 + w)} a^{-3w} \frac{1}{1 - 3w + \frac{2k^2a}{3H_0^2\Omega_{m_0}} c^2_{\text{eff}}} \]  
(37)

The above expression is extremely simple and it looks like the solution found in [3], except for the term including the effective sound speed \( c^2_{\text{eff}} \) that depends both on the sound speed and on the viscosity term. It is easy to see that if the anisotropic stress is absent then Eq. (37) reduces to the expression found in [3]. From Eq. (37) we have a further confirmation of the degeneracy of \( c^2_\text{vis} \) and \( c^2_\text{vis} \), when looking at quantities that depend only on the clustering of dark energy. To break this degeneracy, we will have to combine measurements of \( Q \) with measurements of \( \eta \), defined in Eq. (33), as will be clear from the following.

Let us indeed evaluate the quantity \( \eta \):

\[ \eta = \frac{-k^2(\phi - \psi)}{k^2\phi} = \frac{B(a)}{\phi_0 Q_{\text{tot}}} \sigma \]
\[ = -\frac{9}{2} H_0^2(1 - \Omega_{m_0})(1 + w) a^{-1 - 3w} \frac{1}{k^2 Q_{\text{tot}}} \left(1 - \frac{c^2_\text{vis}}{c^2_{\text{eff}}} \right) \]  
(38)

where we used the relation \( k^2 \phi = -\phi_0 Q_{\text{tot}} \). This parameter depends not only on \( c^2_{\text{eff}} \) but also on the ratio of the sound speed and \( c^2_{\text{vis}} \). For this reason, the only way of breaking the degeneracy between \( c^2_{\text{vis}} \) and \( c^2_\text{vis} \) (at least at the linear perturbation level) is through the combination of observables constraining \( Q \) and \( \eta \). The detection of a nonzero \( \eta \) alone would prove the existence of an anisotropy but it would not allow one to quantify it as only the ratio \( c^2_\text{vis}/c^2_{\text{eff}} \) would be measurable.

If instead of \( \eta \) we prefer to use the variable \( \Sigma \) introduced in [5] and more strictly related to the weak lensing potential \( \Psi = \phi + \psi \), which is defined as

\[ \Sigma = Q \left(1 + \frac{1}{2} \eta \right) \]  
(39)
we can evaluate it analytically using Eqs. (37) and (38):

\[ \Sigma_{\text{tot}} - 1 = Q_{\text{tot}} \left(1 + \frac{\eta}{2}\right) - 1 \]
\[ = (Q_{\text{tot}} - 1) \left[1 - \frac{3}{2} \left(1 - \frac{c^2_\text{vis}}{c^2_{\text{vis}}} \right) \beta a \right] \]  
(40)

where \( \beta = 2k^2 c^2_{\text{vis}}/[3H_0^2\Omega_{m_0}(1 - 3w)] \). The above equation shows that the weak lensing parameter \( \Sigma \) differs from \( Q \) by about 10%–15% (depending on \( a \)) in case of a nonzero anisotropic stress.

In Figs. 3 and 4 we compare \( Q_{\text{tot}} \) and \( \Sigma_{\text{tot}} \), respectively, with their numerical solution, computed using CAMB, for different values of the dark energy viscosity term keeping the sound speed fixed. We use two different values of \( c^2_{\text{vis}} \) that are, respectively, 10 times smaller and 10 times larger than \( c^2_\text{vis} \); these values were chosen such that in the first case the sound speed is the dominant component while in the second the viscosity term dominates. We find very good agreement between the numerical solution and our analytical estimate, as it was the case in [3].

V. EFFECT ON SOME OBSERVABLES

A. Matter power spectrum

As in [3], after evaluating the impact of anisotropic stress on dark energy perturbations, we move to look at the (much smaller) effect it should have on matter perturbations. These are affected by the change in
gravitational potential from \( \phi_m = -3/2 \delta_0 H_0 \Omega_m / k^2 \) to 
\( \phi = \phi_m + \phi_{\text{DE}}, \) where \( \phi_{\text{DE}} = \phi_m(Q - 1). \) For modes larger than the dark energy sound horizon, \( Q \) is given by 
Eq. (35) where \( c_s^2 = 0 \) and we can solve for the dark matter velocity perturbation, Eq. (3) with \( \delta_p = 0, \) to find

\[
V_m = -H_0 \sqrt{\Omega_m} \delta_0 \sqrt{a} \left[ 1 - \frac{Q_0 a^{-3w-1}}{1/3 - 2w} \right].
\]

(41)

where

\[
Q_0 = \frac{9}{16} \frac{H_0^2}{k^2} \frac{1 - \Omega_m}{(1+w)^2} \frac{1}{w} \frac{1}{c_{\text{vis}}^2}.
\]

(42)

and where the decaying term has been omitted. This equation is of course strictly valid only during matter domination, but it gives again the right order of magnitude of the effect even after this epoch, as we will see in the following. The correction factor with respect to the case of no dark energy perturbations is the term in square brackets. We notice that its evolution in time, contained in the second energy perturbations is the term in square brackets. In the first case and for perturbations outside the sound horizon, the correction term is known that in the \( \Lambda \)CDM scenario, dark matter perturbations grow logarithmically with the scale factor \( a \) during radiation domination and when matter domination starts they grow linearly; at late times, when dark energy starts to dominate, the growth of dark matter perturbations is suppressed. It is known that in the \( \Lambda \)CDM model the growth factor can be defined as

\[
G(a) = \frac{\delta_m(a)}{\delta_m(a_0)} = \exp \left\{ \int_{a_0}^a \frac{\Omega_m(a')^\gamma}{a'} \frac{da'}{a^2} \right\}
\]

(44)

where \( \gamma \sim 0.545 \) is called the growth index. There are two ways to modify the growth factor. First, one can use a different background cosmology, associated with a different Hubble expansion. Second, perturbations can differ: if dark energy starts to cluster, then the gravitational potentials change, being sourced by the total density perturbations and by the anisotropic stress [see the Poisson equation (9) and the fourth Einstein equation (10)] and his will affect the growth rate of dark matter. It is possible to include all these effects in the growth index \( \gamma, \) \( w, \) \( c_s^2, \) and \( c_{\text{vis}}^2 \) (or equivalently of \( w, \) \( Q, \) and \( \eta \)).

In [26], the dependence of the growth index from the dark energy clustering parameters \( Q \) and \( \eta \) was described as

FIG. 5 (color online). Behavior with \( k \) of the ratio of \( \delta_m \) to the square of the standard matter perturbation in absence of dark energy perturbations \( \delta_{m}^{\text{STD}} \). The black solid curve represents the numerical solution found using CAMB with \( c_{\text{vis}}^2 = 5 \times 10^{-5} \) and \( c_s^2 = 10^{-6}. \) The blue dashed curve is our analytical solution, computed from Eq. (43). The green dotted-dashed vertical line represents the anisotropic horizon while the red dotted line is the sound horizon. Here we fix \( w = -0.8 \) and \( a = 1. \) larger than both the anisotropic and the sound horizon. Our numerical calculation shows that the enhancement is closer to 2%, hence the effect is very small.

Having evaluated the impact of the anisotropy on the matter power spectrum amplitude, we move to compute explicitly a more easily observable parameter.

B. The growth factor
\[ \gamma = \frac{3(1 - w - A(Q, \eta))}{5 - 6w}, \quad (45) \]

where

\[ A(Q, \eta) = \frac{(1 + \eta)Q - 1}{1 - \Omega_m(a)}. \quad (46) \]

While dark energy perturbations themselves are difficult to measure unless dark energy has very low sound speed and viscosity, the growth index seems to be a more easily detectable parameter and several ongoing and future experiments are built to measure its value. It was shown in [4] that the presence of a sound speed (when \( c_{\text{vis}}^2 = \eta = 0 \)) in the dark energy perturbations always decreases the value of the growth index \( \gamma \) because \( Q - 1 \) is always positive due to the relative increase of dark energy perturbations. Here instead the addition of a nonzero anisotropic stress may lead to an enhancement of the growth index. To prove this let us consider a particular case. If we take modes above the sound horizon, using Eqs. (35) and (38) with the sound speed set to zero, Eq. (46) reads

\[ A(Q, \eta) = B(a)\frac{1}{k^2} \left( \frac{1 + w}{-8w c_{\text{vis}}^2} - 1 \right). \quad (47) \]

The function \( B(a) \) is always positive as long as \( w \) is larger than \(-1\), hence the term in brackets can be negative only if \( c_{\text{vis}}^2 > (1 + w)/(8w) \). If we assume \( w = -0.8 \) then \( A(Q, \eta) \) is negative as long as \( c_{\text{vis}}^2 > 1/32 \) and \( \gamma \) is enhanced. However, the effect of the anisotropic stress on scales of interest is very small due to the smallness of the factor \( B(a)/k^2 \) in Eq. (47) that contains the term \((1 + w)/k^2\).

Again, if the anisotropic stress is zero, then dark energy perturbations always decrease the value of the growth index; we find that the strongest deviation from \( \gamma_{\text{CDM}} = 0.545 \) happens when \( c_{\text{vis}}^2 \approx 0 \) and \( c_{\text{vis}}^2 \approx 0 \) and it is of the order of 3%; see [3]. If we want to increase the growth index and at the same time we also want perturbations in the relative increase of dark energy perturbations. Here we express in first approximation \( A(Q, \eta) \approx -1.5 \times 10^{-5} \) for scales \( k \approx 200H_0 \).

**C. The integrated Sachs-Wolfe effect**

Another potentially observable effect of anisotropies is the ISW effect. Indeed, as explained e.g. in [29–32], being this a late-time effect, it is the part of the CMB spectrum where dark energy has the largest impact. The total temperature shift of the CMB photons due to the ISW is [33]
\[
\frac{k^3 P_{\Delta}(k)}{2\pi^2} = \delta_H \left(\frac{k}{H_0}\right)^{n+3} T^2(k),
\]  
(55)

\(\delta_H\) is the amplitude of the present-day density fluctuations at the Hubble scale, and \(T(k)\) is the dark matter transfer function.

In Fig. 6 we plot \(\ell(\ell + 1)C_\ell/(2\pi)\) using Eq. (54) for two different values of the dark energy viscosity keeping the sound speed fixed to 10^{-4}. For \(T(k)\) we use the fitting formula of [36], which agrees with the numerical results from CAMB with a precision sufficient for our purposes. In computing the matter power spectrum we neglect the effect of dark energy perturbations evaluated in Sec. VA, having ascertained that it is very small. This means that the two curves corresponding to different \(c^2_{\text{vis}}\) differ because of the term \((\partial/\partial G)\Sigma'\).

Let us then evaluate
\[
(G\Sigma)' = G'\Sigma + G\Sigma'.
\]  
(56)

While both \(\Sigma\) and \(\Sigma'\) differ from the case with no perturbations, corresponding to \(\Sigma = 1, \Sigma' = 0\), the first deviates too little from 1 to explain the differences between the red and the blue curves of Fig. 6. We have checked this by fixing \(\Sigma = 1\) and letting \(\Sigma' \neq 0\) and noticing that the results are unchanged. This means that the effect of \(c^2_{\text{vis}}\) on the ISW comes mainly from the term \(\Sigma'/G\). Using Eqs. (40) and (37) we find
\[
\Sigma' = Q' + \frac{\sigma}{2\phi_0} B'(a) \propto \frac{1}{a}(\Sigma - 1),
\]  
(57)

where the last proportionality holds because \((Q - 1)' \approx (Q - 1)/a\) and \(B'(a) \approx B(a)/a\) hence \(a\Sigma' \approx (\Sigma - 1)\). Let us now go back to Eq. (56) and look at the final total effect. We know that as dark energy slows down the growth of dark matter perturbations, at late times \(G'\) is always negative. \(\Sigma'\) instead can be positive or negative depending on the value of \(c^2_{\text{vis}}\), although in both cases it is a small number. Therefore we have two possibilities: the first is when the two contributions partially cancel and so make the effect smaller (this is in general the case for small values of the viscosity term); the second is when the two contributions sum up enhancing the total effect.

To visualize this we proceed as in [3] by defining a magnification parameter for the ISW power spectrum
\[
A^2 = \left\{ \frac{d(G(a)\Sigma(a,k))/da}{dG(a)/da} \right\}^2
\]  
(58)

\[
= (\Sigma + \Sigma'G/G')^2, \quad (59)
\]

which we plot in Fig. 7 for two values of \(c^2_{\text{vis}}\) for \(k = 200H_0\). Here we keep the sound speed and the viscosity term small enough so that the dark energy perturbations have time to grow before entering the effective sound horizons. For small \(c^2_{\text{vis}}\) the dark energy perturbations are able to grow for a sufficiently long time, and they partially cancel the contribution from \(G'\) and decrease \(A\) by about 40%. As we increase the viscosity term \(c^2_{\text{vis}}\), the effects become smaller because the dark energy perturbations

![FIG. 6 (color online). ISW power spectrum for \(c^2_{\text{vis}} = 0\) (red solid line) and \(c^2_{\text{vis}} = 10^{-2}\) (blue dashed line) fixing \(w = -0.8\) and \(c^2_{\text{vis}} = 10^{-4}\).](image)

![FIG. 7 (color online). Magnification factor \(A^2\) of Eq. (58) for two different values of the viscosity term: \(c^2_{\text{vis}} = 10^{-4}\) (red solid line) and \(c^2_{\text{vis}} = 10^{-3}\) (blue dashed line). Here we fix the scale of perturbations to \(k = 200H_0\) and our dark energy model has \(w = -0.8\) and \(c^2_{\text{vis}} = 10^{-4}\) enters the anisotropic horizon.](image)

![FIG. 8 (color online). Magnification factor \(A^2\) of Eq. (58) for two different values of the viscosity term: \(c^2_{\text{vis}} = 0\) (red solid line) and \(c^2_{\text{vis}} = 1\) (blue dashed line). Here we fix the scale of perturbations to \(k = 200H_0\) and our dark energy model has \(w = -0.8\) and \(c^2_{\text{vis}} = 1\).](image)
cross the effective sound horizon early, increasing $\mathcal{A}$. Based on these considerations, we expect again the viscosity term to act similarly as the sound speed: a low value of $c_{\text{vis}}^2$ decreases the power of the ISW effect, differentiating it from the standard case.

As mentioned before, there might be cases where $\Sigma - 1$ is negative, enhancing the total ISW effect. In Fig. 8 we show the magnification $\mathcal{A}$ for $c_{\text{vis}}^2 = 1$ and $c_{\text{vis}}^2 = 0$, setting $c_s^2 = 1$ in both cases. If the viscosity is large enough then $\Sigma'$ is negative and it sums up to $G'$ in Eq. (56). Nevertheless the effect is too small (of the order of $10^{-5}$) and it is practically unobservable in the $C_{\ell}$s.

VI. CONCLUSIONS

In this paper we have studied an imperfect fluid dark energy with nonvanishing viscous anisotropic stress. The model we have considered is described by its background constant equation of state $w \leq 0$ and at linear order in perturbations by its sound speed $c_s^2 \geq 0$ and its viscosity parameter $c_{\text{vis}}^2 \geq 0$. For the dark energy density and velocity perturbations we have found simple analytical expressions represented in Eqs. (17) to (26). Although we have assumed matter domination throughout this work, the functions $Q(k, a; w, c_s^2, c_{\text{vis}}^2)$, $\eta(k, a; w, c_s^2, c_{\text{vis}}^2)$, and $\Sigma(k, a; w, c_s^2, c_{\text{vis}}^2)$ that can be computed with our simplified analytical expressions are approximating well numerical results even at later times, when dark energy starts dominating. Our analytical expressions can be seen as the “fingerprints” of a viscous dark energy model (or of a modified gravity model that can be effectively described by such an anisotropic stress).

In particular we find that the dark energy perturbations are always smaller than the perturbations in dark matter, by a factor $(1 + w)$ if the viscosity term is small, $c_{\text{vis}}^2 \sim 0$ and by an even larger factor of $(1 + w)^2$ when the anisotropic stress is not negligible.

If dark energy has zero anisotropic stress then it is possible to divide the evolution of its perturbations into three phases: outside the causal horizon, inside the causal horizon but outside the sound horizon, and inside the sound horizon. In the latter regime their growth is suppressed. In the presence of a nonzero viscosity term, a further horizon comes into the play, which we dubbed anisotropic horizon. Once perturbations enter this horizon, they are damped as in the case of the sound horizon. This adds in principle two additional regimes: perturbations larger than the anisotropic horizon and perturbations smaller than the anisotropic horizon. The last two regimes may happen before or after the sound horizon depending on whether $c_{\text{vis}}^2$ is larger or smaller than the sound speed. In practice though, since both the sound speed and the viscosity damp the dark energy perturbations in a similar way, we can speak of only one effective sound horizon, which, once crossed, suppresses the growth of dark energy perturbations; this makes $c_s^2$ and $c_{\text{vis}}^2$ degenerate when considering dark energy density perturbations.

We then have used the equations for $Q$ and $\Sigma$ to study analytically the effect of dark energy perturbations on the dark matter power spectrum, on the growth factor, and on the ISW effect. The changes in the matter power spectrum and in the growth index at late times are of the order of a few percent on scales larger than the effective sound horizon of the dark energy. We also have found that the ISW effect is modified mainly by the time variation of the parameter $\Sigma'$ while modifications in $\Sigma$ itself do not have appreciable consequences. The parameter $\Sigma$ is a combination of the dark energy density contrast (through $Q$) and the anisotropic stress (through $\eta$) that both prevent perturbations from growing. Because of this, the two effects are difficult to capture separately as they both act similarly. To disentangle the two effects is possible in principle by using joint observations that measure $Q$ and $\Sigma$, such as e.g. the galaxy power spectrum together with the weak lensing maps. In a follow-up paper [37], we evaluate the impact of combining different experiments in order to measure at the same time the sound speed and the anisotropic stress of dark energy.

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APPENDIX A: DECAYING MODES FOR THE ANISOTROPIC STRESS

In this appendix we look carefully at the full analytic solution of $\sigma$ and, in particular, at the decaying modes that we have previously neglected. We start by looking at modes above the sound horizon; combining Eqs. (12) and (21) we obtain a second-order differential equation for the dark energy anisotropic stress

$$\sigma'' + \frac{9}{2a} \sigma' + \left[ \frac{3}{2a^2} + \frac{1 + w}{a} \frac{k^2}{H_0^2 \Omega_{m0}} \right] \sigma = - \frac{4c_{\text{vis}}^2}{1 + w} \frac{\delta_0}{a^2}$$

(A1)
being $\delta_0$ the initial dark matter density contrast that acts as a source term for dark energy perturbations. The full solution, after some mathematical manipulation, is

$$
\sigma(a) = \frac{c_1}{a^2 \alpha^2} \left\{ \left( 1 - \frac{4a \alpha}{3} \right) \cos(\sqrt{4a \alpha}) + 2\sqrt{a \alpha} \sin(\sqrt{4a \alpha}) \right\} \\
- \frac{15c_2}{32a^2 \alpha^2} \left[ 2\sqrt{a \alpha} \cos(\sqrt{4a \alpha}) \right] \\
- \left( 1 - \frac{4a \alpha}{3} \right) \sin(\sqrt{4a \alpha}) \right\} \\
+ \frac{1}{k^2} \phi_0 \left[ -1 + \frac{3}{2a \alpha} + \frac{3}{2(a \alpha)^2} + \frac{9}{4(a \alpha)^3} \right]. \quad (A2)
$$

where $c_1$ and $c_2$ are constants of integrations depending on the initial conditions for $\sigma$ and

$$
\left\{ \frac{1}{c_s^2} + \frac{3}{8} \frac{1+w}{c_{\text{vis}}^2} \left[ 1 + \frac{9H^2a^2(c_s^2 - w)}{k^2} \right] \right\} \sigma' \left[ \frac{3}{8} \frac{1+w}{c_{\text{vis}}^2} + \frac{c_s^2 - w}{c_s^2} \left[ 1 + \frac{9H^2a^2(c_s^2 - w)}{k^2} \right] \right] \frac{3\sigma}{a} = -\frac{3}{a} \frac{c_s^2 - w}{k^2 c_s^2} \phi_0, \quad (A4)
$$

where we also include the term $9H^2a^2(c_s^2 - w)/k^2$ (that we previously neglected as it is a decaying mode), and for simplicity we set $\phi_0 = 3H_0^2\Omega_m\delta_0/2$. The full solution then reads

$$
\sigma(a) = -\frac{c_{\text{vis}}^2 \phi_0 (c_s^2 - w)}{k^2 (8c_{\text{vis}}^2 (c_s^2 - w) + 3c_s^2 (1+w))} \left\{ 8 - \frac{324c_{\text{vis}}^2 H_0^2 \Omega_m(c_s^2 - w)(1+w)}{ak^2(4c_{\text{vis}}^2 (-1 + 3(c_s^2 - w)) + 3c_s^2 (1+w))} \\
+ \frac{17496c_1^4 H_0^6 \Omega_m^2(c_s^2 - w)^2(1+w)^2}{a^2 k^4(8c_{\text{vis}}^2 (-2 + 3(c_s^2 - w)) + 3c_s^2 (1+w))(4c_{\text{vis}}^2 (-1 + 3(c_s^2 - w)) + 3c_s^2 (1+w))} \\
- \frac{19683c_1^4 H_0^6 \Omega_m^2 (c_s^2 - w)^3 (1+w)^3}{a^3 c_s^2 k^6 (-1 + c_s^2 - w)(8c_{\text{vis}}^2 (-2 + 3(c_s^2 - w)) + 3c_s^2 (1+w))(4c_{\text{vis}}^2 (-1 + 3(c_s^2 - w)) + 3c_s^2 (1+w))} \\
+ \left[ 27c_1^2 H_0^4 \Omega_m (c_s^2 - w)(1+w) + ak^2[8c_{\text{vis}}^2 + 3c_s^2 (1+w)] \right] \frac{(-24c_{\text{vis}}^2 (c_s^2 - 1 - w))/(8c_{\text{vis}}^2 + 3c_s^2 (1+w))) c_1^4 c_s^4}{a^4}, \quad (A5)
$$

which is a positive number; however, the last term in Eq. (A5) is multiplied by an extra $1/a^3$ term that ensures us that this is still a decaying mode. As $c_s^2$ becomes larger than $1+w$, the only possibility for the last term in Eq. (A5) to be a growing mode is $c_{\text{vis}}^2 < 0$. Again, in order to stabilize the entire solution if $c_{\text{vis}}^2$ becomes negative one has to allow $w < -1$, i.e. phantom dark energy.

**APPENDIX B: DECAYING MODES FOR THE DENSITY CONTRAST**

Here we study the solutions for the dark energy density contrast using the results found in the previous section and verify our assumptions. We consider only modes above the sound horizon because it is the only case where a differential equation for the density contrast is involved. The solution is
\[ \delta(a) = 3\phi_0(1 + w)^2\left[ \frac{1}{8c_{\text{vis}}^2 k^2 w} + \frac{9H_0^2\Omega_m (1 + w)}{64c_{\text{vis}}^2 k^4 a(1 + 3w)} \right. \\
+ \left. \frac{27H_0^4\Omega_m^2 (1 + w)^2}{1024a^2c_{\text{vis}}^6 k^6 (2 + 3w)} \right] + \frac{a^3 w c_2}{2c_1} + \frac{\sqrt{\alpha H_0^2\Omega_m(1 + 6w)}}{c_1}, \] (B1)

where \( c_1 \) and \( c_2 \) are the constants of integration and \( \phi_0 = 3H_0^2\Omega_m\Omega_0/2 \). The second and third term in the square bracket are decaying modes and hence can be neglected; the second term goes like \( a^{-1/2} \) and it is also a decaying mode, whereas the last term in Eq. (B1) is a growing mode if \( w > 0 \), which is not the case of dark energy.

**APPENDIX C: SOLUTIONS WITH THE EFFECTIVE SOUND HORIZON**

In this appendix we write the solutions for the dark energy density contrast and velocity perturbation in terms of the effective sound speed \( c_{\text{eff}}^2 \) and the effective sound horizon.

(i) **Modes below the sound horizon.**—Equations (17) and (18) now read

\[ \begin{align*}
\delta &= \frac{(1 + w)}{c_{\text{eff}}^2} \phi_0, \\
V &= -\frac{3(1 + w)(c_{\text{eff}}^2 - w)}{c_{\text{eff}}^2}H_0\sqrt{\Omega_m} \frac{\phi_0}{\sqrt{\alpha k^2}}.
\end{align*} \] (C1, C2)

Here we notice that to distinguish between sound speed and the type of anisotropic stress used in this paper one cannot use observables that depend only on \( \delta \) but one also needs to add observables depending on velocity perturbations.

(ii) **Modes above the sound horizon.**—Also in this case we can write the solutions (24) and (26) in terms of \( c_{\text{eff}}^2 \); however, the former have been evaluated under the assumption \( c_{\text{vis}}^2 \sim 0 \) so that the effective sound speed now depends only on the viscosity term \( c_{\text{vis}}^2 \) (and \( w \))

\[ c_{\text{eff}}^2(c_s^2 = 0) = -\frac{8}{3} \frac{c_{\text{vis}}^2 w}{1 + w}. \] (C3)

Then it turns out that Eqs. (24) and (26) have the exact same form as Eqs. (C1) and (C2), with \( c_s^2 = 0 \).
[37] D. Sapone et al. (work in progress).